

Submission Guidelines

If you are interested in applying or nominating someone:

Make a video telling us why you or someone you know should be chosen for the show.

CONTENT:

Questions to answer during your video:

SELF-SUBMISSIONS

- ***Start out by introducing yourself:***
- ***Tell us your name, age, occupation and where you are from.***
- ***Describe your personality.***
- ***Do you feel that you have anger issues?***
- ***What really tends to set you off?***
- ***What percentage of the time are you right?***
- ***List off your pet peeves - describe what each of them triggers in you.***
- ***If you ran the world, what would you change? What would you get rid of?***
- ***Why would you be a good candidate for the show?***
- ***ACTION: We want to see you in action! Have a follow you around with a camera and get footage of you losing your temper. If you usually get frustrated with your incompetent co-workers, have a colleague with a camera ready to catch you lashing out.***

NOMINATIONS

- ***Start out by introducing yourself:***
- ***Tell us your name, age, occupation and where you are from.***
- ***Who you are nominating (name, age, occupation, relation to you)?***
- ***Give us specific examples of how the person you are nominating has trouble managing their anger (i.e. stuck in bad traffic, long lines at the post office).***
- ***How has their temper affected your relationship and/or relationships with others?***
- ***What is the best example of how they sweat the small stuff and lose their cool?***
- ***How do you react when they are overreacting? How does it make you feel?***
- ***Have you ever confronted the person you are nominating about their***

anger issues?

- *Why do you want to see this person receive help with learning to deal with their anger?*
- ***ACTION: Get your nominee in action! Get footage of this person blowing their lid...but it has to be REAL! For example, if they usually lose their temper sitting in rush hour traffic, have a camera in the car and get footage of the antics. NO ACTING...this has to be real!!!***

The above questions should be used as a guide. There is no need to list and answer the questions. Be as creative as possible and tell us **WHO YOU ARE AND WHY WE HAVE TO MEET YOU!*

After you have completed your video get it to us as soon as possible! We accept submissions via mail or email.

Fedex DVD or Mini DV tape to:

***The Conlin Company
11825 Major Street, Suite 106
Culver City, CA 90230***

OR

Upload your video and email it to us via www.yousendit.com at:

Casting@TheConlinCompany.com

Please export to a Quicktime conversion using these settings:

Audio settings:

Sample Rate: 48.000kHz

Channels: 2 Chanel Stereo

Bits Per Sample: 16 or best possible

AAC encoder quality: medium

Video settings:

Format: MPEG4

Width: 320

Height: 240

Frame rate: 15

Key Frame: Every 45 frames

Constant bit rate: 75 (Kbps)